Hello parents,

Please see a copy of notice from Mr. Rivas, our Athletic Director. One of the most time-consuming things we do as a coach is to get athletes cleared for sports. Getting a sport screening is one of those things that could be done quickly and inexpensively. According to this email, CIF wants all sports screening done by June (good for 12 months). This will be good for all fall, winter, and spring sports.

Thank you!

Hello Coaches,

There are three options for sports pre screening available this year. Screenings per CIF run from June to June. And remember only a Screening is required not a complete physical.

- 1) Saddleback Urgent care is available via appointments or students can visit their own provider or any clinic of their choice.
- 2) Programs can set up their own physical day and make it a fundraiser.
- 3) Football is planning their physical day on June 30th from 1130-230 in the MPR and they have extended their welcome to any other program that would like to attend. They will split funds raised for those students that attend. Please reach out to Booster Secretary Trisha Le Compte at 760 641 8631 if you are interested.

If you have any questions, please reach out to me. Thanks

Armando Rivas El Toro Athletic Director