

# ALL TIME BEST MSAC PERFORMANCES

	Athlete	Time	Year	Meet
1	Brandon Bethke	14:30	2004	Invitational
2	Brandon Bethke	14:44	2004	CIF Finals
3	Brandon Bethke	14:56	2003	CIF Finals
4	Brandon Bethke	15:12	2003	CIF Preliminaries
5	Brandon Bethke	15:13	2003	Invitational
6	Matt Johnson	15:18	2007	CIF Finals
7	Chris McDonald	15:19	2005	Invitational
8	Chris McDonald	15:20	2006	Invite
9	Toby Villalva	15:21	2008	CIF Finals
10	<b>Jordan Senko</b>	<b>15:24</b>	<b>2009</b>	<b>CIF Finals</b>
11	Matt Cipolla	15:25	2002	Invitational
	<b>Kris Frey</b>	<b>15:25</b>	<b>2009</b>	<b>CIF Finals</b>
	<b>Jordan Senko</b>	<b>15:28</b>	<b>2009</b>	<b>Invitational</b>
	<b>Kris Frey</b>	<b>15:28</b>	<b>2009</b>	<b>Invitational</b>
15	Matt Cipolla	15:30	2002	CIF Finals
16	Danny Lee	15:30	1997	Invitational
17	Matt Johnson	15:31	2007	CIF Preliminaries
	Brandon Bethke	15:31	2004	CIF Preliminaries
	<b>Jordan Senko</b>	<b>15:33</b>	<b>2009</b>	<b>CIF Preliminaries</b>
20	Matt Johnson	15:34	2007	Invitational
	Kip Miller	15:34	2005	Invitational
	Nate Mouzis	15:34	2005	Invitational
23	Jordan Senko	15:37	2008	CIF Finals
	Anthony Masci	15:37	2006	CIF Finals
24	Danny Lee	15:38	1996	Invitational
25	Marc Hausmaninger	15:39	2006	Invitational
	Marc Hausmaninger	15:39	2006	CIF Finals
27	Travis Savala	15:39	2001	Invitational
28	Danny Lee	15:40	1997	CIF Finals
29	Chris McDonald	15:41	2006	CIF Finals
30	Toby Villalva	15:42	2007	CIF Finals
31	Chris McDonald	15:43	2005	CIF Finals
	Danny Lee	15:43	1996	CIF Preliminaries
33	Brandon Bethke	15:44	2002	CIF Finals
34	<b>Kyle Carruthers</b>	<b>15:45</b>	<b>2009</b>	<b>CIF Preliminaries</b>
35	<b>Kyle Carruthers</b>	<b>15:46</b>	<b>2009</b>	<b>CIF Finals</b>
	Shane Dougherty	15:46	2001	CIF Finals
37	Ryan Wells	15:47	2008	CIF Finals
	Jordan Senko	15:47	2007	CIF Finals
	Abdow Haji	15:47	2006	CIF Finals
	Chris Wilcox	15:47	1999	CIF Finals
	Spencer Allen	15:47	1983	CIF Finals
42	Nate Mouzis	15:48	2005	CIF Finals
	Mike Makens	15:48	1982	CIF Finals
45	Erik Farien	15:48	1981	CIF Finals
	Matt Cipolla	15:49	2002	CIF Preliminaries
	Jon Mendoza	15:49	2001	CIF Finals
48	Bill Cunningham	15:49	1981	CIF Preliminaries
	Sean Laurino	15:50	2006	CIF Finals
	Travis Savala	15:50	2000	CIF Finals
	Ricky Rehanek	15:50	1999	CIF Finals
	<b>Kris Frey</b>	<b>15:50</b>	<b>2009</b>	<b>CIF Preliminaries</b>
52	Ricky Rehanek	15:51	2000	CIF Finals
53	Abdow Haji	15:52	2005	Invitational
	Ricky Rehanek	15:52	2000	CIF Preliminaries
	Ken McFadden	15:52	1985	Invitational
56	Toby Villalva	15:54	2008	Invitational
	Anthony Masci	15:54	2006	Invitational
	Travis Savala	15:54	2001	CIF Preliminaries
	Chris Wilcox	15:54	1999	Invitational
	Rick Matson	15:54	1990	CIF Finals
61	Eric Anderson	15:55	1983	Invitational
	Mike Makens	15:55	1982	Invitational
	Dave Warn	15:55	1981	CIF Finals
64	Jordan Senko	15:56	2007	CIF Preliminaries
	Kip Miller	15:56	2006	CIF Finals
	Kip Miller	15:56	2005	CIF Preliminaries
	Jon Mendoza	15:56	2001	CIF Preliminaries
	Erik Farien	15:56	1981	CIF Preliminaries
69	Abdow Haji	15:57	2006	Invitational
70	Ren Jones	15:58	2008	Invitational
	Toby Villalva	15:58	2007	CIF Preliminaries
	Toby Villalva	15:58	2007	Invitational
	Kip Miller	15:58	2006	CIF Preliminaries

	Athlete	Time	Year	Meet
80	Sean Laurino	15:58	2006	CIF Preliminaries
	Anthony Masci	15:58	2006	CIF Preliminaries
	Martin Pennell	15:58	1994	CIF Preliminaries
	Spencer Allen	15:58	1982	Invitational
	Mike Makens	15:58	1982	CIF Preliminaries
	Bill Cunningham	15:58	1982	CIF Finals
	Marc Hausmaninger	15:59	2006	CIF Preliminaries
	Matt Johnson	15:59	2006	CIF Preliminaries
	Chris Wilcox	15:59	1999	CIF Preliminaries
	Martin Pennell	15:59	1994	CIF Finals
84	Chris McDonald	16:00	2004	CIF Finals
	Erik Farien	16:00	1982	Invitational
87	Erik Farien	16:00	1982	CIF Preliminaries
	Art Logan	16:00	1981	Invitational
88	Jordan Senko	16:01	2007	Invitational
	Marc Hausmaninger	16:01	2005	Invitational
	Ricky Rehanek	16:01	1999	CIF Preliminaries
91	Kris Frey	16:02	2008	CIF Finals
	A. J. Kimura	16:02	2007	Invitational
	Matt Johnson	16:02	2006	CIF Finals
	Chris McDonald	16:02	2004	Invitational
96	Joaquin Hernandez	16:02	2002	CIF Finals
	Anthony Masci	16:03	2004	CIF Preliminaries
	Brandon Bethke	16:03	2002	Invitational
	Matt Cipolla	16:03	2001	CIF Finals
	Erik Farien	16:03	1982	CIF Finals
100	Anthony Masci	16:04	2004	CIF Finals
	Ken McFadden	16:04	1984	Invitational
102	Bill Cunningham	16:05	1982	CIF Preliminaries
	Spencer Allen	16:05	1982	CIF Finals
104	Nate Mouzis	16:06	2005	CIF Preliminaries
	Abdow Haji	16:06	2004	CIF Preliminaries
	Brian Garbe	16:06	2000	Invitational
	Brian Garbe	16:06	2000	CIF Preliminaries
108	Nate Mouzis	16:07	2004	CIF Finals
	Mark Cipolla	16:07	1999	CIF Finals
	Eric Anderson	16:07	1983	CIF Finals
	Dave Warn	16:07	1981	CIF Preliminaries
112	Sean Laurino	16:08	2006	Invitational
	Bill Cunningham	16:08	1981	CIF Finals
114	Ren Jones	16:09	2008	Invitational
	Shane Dougherty	16:09	2001	CIF Preliminaries
	Travis Savala	16:09	2000	CIF Preliminaries
	<b>Ryan Germann</b>	<b>16:09</b>	<b>2009</b>	<b>CIF Preliminaries</b>
119	<b>Kevin Durham</b>	<b>16:09</b>	<b>2009</b>	<b>CIF Finals</b>
	Matt Cipolla	16:10	2001	Invitational
	Jon Mendoza	16:10	2001	Invitational
	Bill Cunningham	16:10	1982	Invitational
	Craig McGirr	16:11	2008	Invitational
122	Abdow Haji	16:11	2005	CIF Finals
	Anthony Masci	16:11	2004	Invitational
	Rob Nelson	16:11	1993	Invitational
	Nick Briggs	16:12	2004	CIF Preliminaries
126	Brian Garbe	16:12	2001	Invitational
	Spencer Allen	16:12	1983	Invitational
	<b>Kyle Carruthers</b>	<b>16:12</b>	<b>2009</b>	<b>Invitational</b>
130	Chris McDonald	16:13	2004	CIF Preliminaries
	Abdow Haji	16:13	2004	CIF Finals
	Travis Savala	16:13	2001	CIF Finals
	Brian Garbe	16:13	2000	CIF Finals
	Sean McMannis	16:15	2000	CIF Finals
134	Tomas Mejia	16:15	1993	CIF Preliminaries
	Rick Matson	16:15	1990	Invitational
	John Sarrao	16:15	1983	CIF Finals
138	Matt Johnson	16:16	2006	Invitational
	Abdow Haji	16:16	2005	CIF Preliminaries
	Brian Garbe	16:16	2001	CIF Preliminaries
	Marc Cipolla	16:16	1999	Invitational
	Brian Garbe	16:17	2001	CIF Finals
142	Jon Mendoza	16:17	2000	CIF Finals
	<b>Kevin Kurham</b>	<b>16:17</b>	<b>2009</b>	<b>CIF Preliminaries</b>
145	<b>Ryan Germann</b>	<b>16:18</b>	<b>2009</b>	<b>CIF Finals</b>
	Jordan Senko	16:18	2008	Invitational
	Kris Frey	16:18	2008	Invitational

# ALL TIME BEST MSAC PERFORMANCES

	Athlete	Time	Year	Meet
	Kai Norwood	16:18	2005	Invitational
	Dustin Wiberg	16:18	2000	CIF Preliminaries
	Mark Cipolla	16:18	1999	CIF Preliminaries
	John Sarrao	16:18	1984	Invitational
152	Tomas Mejia	16:19	1993	CIF Finals
	Ken McFadden	16:19	1984	CIF Preliminaries
	Bryan Moreno	16:19	1984	CIF Preliminaries
	Ken McFadden	16:19	1983	CIF Finals
156	M. Hausmaninger	16:20	2005	CIF Preliminaries
	Abdow Haji	16:20	2004	Invitational
	Nick Briggs	16:20	2003	CIF Finals
	Martin Pennell	16:20	1993	Invitational
	Art Logan	16:20	1981	CIF Preliminaries
161	Abdow Haji	16:21	2006	CIF Preliminaries
	Kip Miller	16:21	2006	Invitational
	Jason Barela	16:21	2003	CIF Preliminaries
	Bobby Miske	16:21	1996	Invitational
	Carlos Marchan	16:21	1996	CIF Preliminaries
	Rob Nelson	16:21	1991	CIF Preliminaries
167	Kyle Carruthers	16:22	2008	Invitational
	Craig McGirr	16:22	2007	CIF Preliminaries
	Troy Eisenbeisz	16:22	2005	CIF Finals
	Nick Briggs	16:22	2003	CIF Preliminaries
	Blake Rothschild	16:22	1990	CIF Finals
	Bryan Moreno	16:22	1983	CIF Finals
173	Kai Norwood	16:23	2004	Invitational
	Nate Mouzis	16:23	2004	CIF Preliminaries
	Nick Briggs	16:23	2003	Invitational
	Ryan Schram	16:23	2003	CIF Preliminaries
	Carlos Marchan	16:23	1996	Invitational
	Blake Rothschild	16:23	1990	CIF Preliminaries
	Bill Cunningham	16:23	1981	Invitational
180	Chris Wilcox	16:24	1998	Invitational
	Martin Pennell	16:24	1993	CIF Preliminaries
	Mike Makens	16:24	1981	CIF Finals
183	Troy Eisenbeisz	16:25	2005	CIF Preliminaries
	Ricky Rehanek	16:25	1999	Invitational
	Danny Lee	16:25	1995	CIF Preliminaries
	Rob Nelson	16:25	1990	Invitational
187	Craig McGirr	16:26	2008	Invitational
188	Derek Dominguez	16:27	2002	Invitational
189	Ryan Germann	16:28	2008	Invitational
	Brandon Bethke	16:28	2001	Invitational
	Sean McMannis	16:28	2000	CIF Preliminaries
	Bryan Moreno	16:28	1984	Invitational
193	Derek Dominguez	16:29	2002	CIF Preliminaries
	Matt Cipolla	16:29	2001	CIF Preliminaries
	Rob Nelson	16:29	1992	CIF Preliminaries
	Ken McFadden	16:29	1983	Invitational
	Spencer Allen	16:29	1982	CIF Preliminaries
198	Nate Mouzis	16:30	2003	CIF Finals
	Benito Ramirez	16:30	2001	CIF Preliminaries
	Matt Rolfe	16:30	2000	CIF Finals
	John Sarrao	16:30	1983	Invitational
	John Sarrao	16:30	1982	CIF Finals